

CONTACT: Maxine Jensen

max@alpineadventures.net | ☎ 1-954-564-6722 Ext 210 | 📞 1-435-503-0851



📅 **Sunday March 12 - Saturday March 18, 2023**

📍 **Banff, Alberta, Canada**



Alpine Adventures | alpineadventures.net



Destination: Banff

If you're itching to experience the lifestyle of a Swiss skiing village, but don't want to fork over the cash for a trans-Atlantic flight, consider Banff. Thanks to its location in the heart of the Canadian Rockies near the southeastern border of Banff National Park – Canada's first national park – taking trips here will decrease not only your flight time from the U.S. but also your expenses (although only marginally). Banff caters to intrepid explorers who prefer to end the day in a nice hotel rather than roughing it at the campgrounds (though, there are plenty of those, too). Opportunities for adventure abound, so pick your sport: Ski down Mount Norquay, hike to the massive, free-standing limestone pillars known as the Hoodoos, "scramble" up the face of the Stoney Squaw Mountain or bike along Healy Creek. When you are exhausted, retreat to your cozy (and warm) resort, and replenish yourself with a hefty helping of bison meat.

The best times to visit Banff are June to August and December to March. Nature lovers will want to get to the park when the weather is warm and welcoming (and while the hotel rates in town are at a reasonable level). The skiers, however, will want to vacation in the height of winter. Depending on what you want to do, Banff can be seen as an almost year-round destination (although fall can be a bit of a gamble). Temperatures fluctuate dramatically throughout the year; average winter temperatures range from the single digits to the low 30s. During the summer, average temperatures range from 40 to 70 degrees Fahrenheit. No matter when you choose to visit, plan to wear sunglasses, a hat and plenty of sunscreen to protect against UV exposure: The sun at these alpine altitudes is strong.

You'll need a parks pass

Banff town (and most local attractions) sit inside Banff National Park, so you'll need to buy a parks pass to access everything.

You'll spot wildlife

Animals are often seen around the Lake Minnewanka area, the Banff Springs Golf Course, the Bow Valley Parkway and the Lake Louise Ski Resort.

You'll need layers

Temperatures can change rapidly in Banff, which is why it's best to wear layers. And don't forget to layer on the sunscreen: because of the alpine altitude, there's higher UV exposure from the sun.

SUN ✈️ Flight to: SEA Seattle Tacoma International Airport

MAR

12

| AIRLINE CODE & FLIGHT # | BOOKING # | DEPARTURE | ARRIVAL |
|--|-----------|---|---|
| Alaska Airlines 3339 Web Check-In Baggage Policy | XLGSKP | 12:33 PM Sun Mar 12, 2023 BOI: Boise Air Terminal /Gowen field | 1:07 PM Sun Mar 12, 2023 SEA: Seattle Tacoma International Airport |

BOOKING DETAILS

Flight Status - Departure Delay
Departure Gate: C4
Arrival Gate: C2

✈ Flight to: YYC Calgary International Airport

| AIRLINE CODE & FLIGHT # | BOOKING # | DEPARTURE | ARRIVAL |
|--|-----------|---|--|
| Alaska Airlines 2186 Web Check-In Baggage Policy | XLGSKP | 1:40 PM Sun Mar 12, 2023 SEA: Seattle Tacoma International Airport | 4:14 PM Sun Mar 12, 2023 YYC: Calgary International Airport |

BOOKING DETAILS

Flight Status - Updated
Departure Gate: C2A

🚗 Transportation

| CONTACT | BOOKING # | PICK-UP | DROP-OFF |
|--|-----------|---|---|
| Brewster Charter Bus Service P.O.Box 1140 100 Gopher Street Banff, AB, T1L 1J3, Canada Phone: 1 866 606 6700 | 66147 | 4:15 PM Sun Mar 12, 2023 Calgary Airport | 7:00 PM Sun Mar 12, 2023 Caribou Lodge |

BOOKING DETAILS

1 Private coach with gratuity paid. Once you have collected baggage please call 403 221 8255 the number for the Transfer desk which is located in the Domestic terminal (its too far to walk over there they said) The Brewster desk is open til 6pm so you should be ok but. in the event that the flight is delayed and you arrive after 6pm they have advised you to go outside and look for Brewster coach or call the bus terminal # 403 760 6944 who will contact the dispatcher and then contact the driver

1 stop at the strip mall with Grocery, food and liquor store included (Maximum of 1 hour)

Additional charges apply if more than 1 hour

Charter transportation services for the Banff/Lake Louise/Sunshine Village area.

COMMENTS For pick up at the Calgary International Airport, please report to either of our desks on the Arrivals level. Please follow the Ground Transportation signs. For International arrivals, we are across from Door #12. For Domestic arrivals, we are beside Door #5. Please be ready 10 minutes prior to pick up time.

Check-In

| ACCOMMODATIONS | BOOKING # | CHECK-IN | CHECK-OUT |
|---|---------------------|------------------------------------|-------------------------------------|
| Banff Caribou Lodge and Spa 521 Banff Ave Banff, T1L 1H8, Canada | Under Group Name | 3:00 PM Sun Mar 12, 2023 | 12:00 PM Sun Mar 19, 2023 |

BOOKING DETAILS

15 Standard rooms Includes breakfast at the Caribou Lodge from 7am - 11am buffet

1 Premium Loft King Suite at Rundlestone Lodge (self-catered)

Located in Banff National Park, the Banff Caribou Lodge & Spa offers a mountain lodge hotel, a great steakhouse restaurant and a full service spa, all in one outstanding location. This ideal vacation spot is located on Banff Avenue, the main street in the town of Banff. Surrounded by mountains, there are plenty of activities to keep you busy. We love where we live and can suggest an itinerary for any traveler, so ask us about our local knowledge, we are happy to share.

**MON
MAR**



RESTAURANT RESERVATION

13

| RESTAURANT RESERVATION | BOOKING # | START |
|--|-------------------------------------|--|
| Welcome party at Carlitos Pizzeria in Banff Banff Avenue Banff, Alberta, T1L 1A5, Canada Phone: +1 403-762-3388 Website | confirmed with Yukiyo Inageda | 6:00 PM Mon Mar 13, 2023 Carlitos Pizzeria in Banff |

BOOKING DETAILS

Address: 501 Banff Avenue

Drinks Beer and Wine, Pizza and Poutine

100% Homemade pizza dough, marinara sauce and Burger patty.

We make “fresh handmade dough” every day in our kitchen. After the dough is made, it is fermented twice. This process simultaneously achieves “a sense of fluffiness, chewiness and tenderness”, a thicker crust. Next, homemade marinara sauce is spread on it. You won’t find that sauce anywhere else but here.



Lift Tickets

| ABOUT | BOOKING # | START | FINISH |
|-------------------------------------|-----------|------------------|------------------|
| Banff Lift Tickets Ski Big 3 | 42330366 | Mon Mar 13, 2023 | Sat Mar 18, 2023 |

BOOKING DETAILS

4 Adult and 3 Senior, 4 out of 6 day lift tickets will be delivered to the hotel and will be under the name Christine Hill

**SUN
MAR**



Transportation

19

| CONTACT | BOOKING # | PICK-UP | DROP-OFF |
|---|-----------|--|---|
| Canada Coach Lines 100 Owl St Banff, AB, Canada Phone: 403-762-5844 | 2302-W471 | 11:00 AM Sun Mar 19, 2023 Caribou Banff | 1:45 PM Sun Mar 19, 2023 Calgary Airport |

BOOKING DETAILS

1(One) x 55/56 Coach Gratuity Paid



Flight to: SEA Seattle Tacoma International Airport

| AIRLINE CODE & FLIGHT # | BOOKING # | DEPARTURE | ARRIVAL |
|--|-----------|--|---|
| Alaska Airlines 2186 Web Check-In Baggage Policy | XLGSKP | 4:57 PM Sun Mar 19, 2023 YYC: Calgary International Airport | 5:35 PM Sun Mar 19, 2023 SEA: Seattle Tacoma International Airport |

BOOKING DETAILS

Flight Status - Departure Delay
Arrival Gate: C2

✈ **Flight to: BOI Boise Air Terminal/Gowen field**

| AIRLINE CODE & FLIGHT # | BOOKING # | DEPARTURE | ARRIVAL |
|---|-----------|---|---|
| Alaska Airlines 900 Web Check-In Baggage Policy | XLGSKP | 9:35 PM Sun Mar 19, 2023 SEA: Seattle Tacoma International Airport | 11:59 PM Sun Mar 19, 2023 BOI: Boise Air Terminal /Gowen field |

BOOKING DETAILS

Flight Status - Updated
Departure Gate: D1
Arrival Gate: C8A